

# Moving With Martin 2024 Fitness Series

<input type="checkbox"/> <b>7am Moving w/ Martin</b> PT and mobility w/ DPT Kevin Williams and Dion: WOLF Track	<input type="checkbox"/> <b>7am Moving w/ Martin</b> PT and mobility w/ DPT Kevin Williams and Dion: WOLF Track
<input type="checkbox"/> <b>7am Moving w/ Martin:</b> ZUMBA w/ Lynn: RPHC Lobby	<input type="checkbox"/> <b>7am Moving w/ Martin:</b> ZUMBA w/ OT: RPHC Lobby
<input type="checkbox"/> <b>7am Moving w/ Martin:</b> Tai Chi w/ Sr Services: Lehi Gym <i>Toby making an appearance</i>	<input type="checkbox"/> <b>7am Move w/ Martin:</b> Tai Chi w/ Sr. Services: Lehi Gym
<input type="checkbox"/> <b>7am Move w/ Martin:</b> Senior Steppers: WOLF Track	<input type="checkbox"/> <b>7am Move w/ Martin:</b> Senior Steppers: WOLF Track
<input type="checkbox"/> <b>7am Move w/ Martin:</b> Aqua Workout w/ Ryan: WOLF Pool	<input type="checkbox"/> <b>7am Move w/ Martin:</b> Aqua Workout w/ Ryan: WOLF Pool
<input type="checkbox"/> <b>7am Move w/ Martin:</b> Band Strength Training w/ Dion: WOLF track	<input type="checkbox"/> <b>7am Move w/ Martin:</b> Band Strength Training w/ Dion: WOLF track
<input type="checkbox"/> <b>7am Move w/ Martin:</b> Interval Stations w/ OT & SCC: WOLF Track	<input type="checkbox"/> <b>7am Move w/ Martin:</b> Interval Stations w/ OT & SCC: WOLF Track
<input type="checkbox"/> <b>7am Moving w/ Martin:</b> Chair Yoga w/ Sr. Services & Monte Yazzie: WOLF Track	<input type="checkbox"/> <b>7am Moving w/ Martin:</b> Tai Chi w/ Sr. Services & Monte Yazzie: WOLF Track

**Print name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Sex:** \_\_\_\_ Male \_\_\_\_ Female

**Are You a SRPMIC Community Member:** \_\_\_\_Yes \_\_\_\_No **Are You a SRPMIC Employee:** \_\_\_\_Yes \_\_\_\_No

**Shirt Size:** Sm \_\_\_\_ Med \_\_\_\_ Large \_\_\_\_ X-Lg \_\_\_\_ XX-Lg \_\_\_\_ XXX-Lg \_\_\_\_ 4XLG \_\_\_\_

**Names of Youth attending with you**

Name:	Date of Birth:	Gender: ____ M ____ F	Shirt Sz:
Name:	Date of Birth:	Gender: ____ M ____ F	Shirt Sz:
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Name:	Date of Birth:	Gender: ____ M ____ F	Shirt Sz:
Name:	Date of Birth:	Gender: ____ M ____ F	Shirt Sz:

**Please sign the Release of Liability on the back of this page.**



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# SALT RIVER PIMA~MARICOPA INDIAN COMMUNITY

10005 East Osborn Road / Scottsdale, Arizona 85256-9722

## Release of Liability

I, and my heirs or assigns or marital community, in consideration of my participation in the **Moving with Martin fitness series** sponsored by the **SRPMIC HHS/Public Health Diabetes Prevention Services** within the Salt River Pima-Maricopa Indian Community (SRPMIC or Community), hereby release and indemnify the Community and its members, officers, employees, agents and any other persons connected with this event from any and all liability including but not limited to any and all claims, damages, demands and causes of action of whatever kind or nature, whether known or unknown, or based on any cause, circumstance, fact, matter, thing, event, act, or omission which may result in damage to or loss of personal property, sickness or injury which might occur while participating in this event.

I understand that while participating in this event and related activities, that I am aware of and understand the risks that may result and the hazards that exist. I am also aware that accidents may occur during this Event which could result in serious injury or death. I am voluntarily participating in this **Moving with Martin fitness series** with knowledge of such risks.

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Print Name (participant)

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Print Name (participant)

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Sign Name (participant)

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Sign Name (participant)

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Print Name of Minor(s)

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Sign Name (guardian, if participant(s) under 18)

Approved as to Form by  
the  
Office of the General  
Counsel  
Niccole L. King  
April 25, 2011

*Niccole L. King*